

San Dieguito Union High School District

2019 Benefits Selection Form

Certificated Employees

All rates are monthly (processed on September – June payroll only).

Medical Plan	
United Healthcare HMO Network 1	
Employee Only	\$869.00
Employee + 1	\$1,702.00
Employee + Family	\$2,389.00
United Healthcare HMO Network 2	
Employee Only	\$1,170.00
Employee + 1	\$2,297.00
Employee + Family	\$3,227.00
United Healthcare HMO Network 3	
Employee Only	\$1,340.00
Employee + 1	\$2,629.00
Employee + Family	\$3,696.00
United Healthcare PPO	
Employee Only	\$1,403.00
Employee + 1	\$2,735.00
Employee + Family	\$3,858.00
Cigna HMO	
Employee Only	\$760.00
Employee + 1	\$1,574.00
Employee + Family	\$2,240.00
Kaiser	
Employee Only	\$576.23
Employee + 1	\$1,152.46
Employee + Family	\$1,630.73

Dental Plan	
Delta Dental PPO	
Employee Only	District Paid
Employee + 1	\$64.00
Employee + Family	\$98.00
Anthem Blue Cross Dental Net HMO	
Employee Only	District Paid
Employee + 1	District Paid
Employee + Family	District Paid
Vision Plan	
MES	
Employee Only	\$12.26
Employee + 1	\$22.08
Employee + Family	\$31.64

*full-time employees receive \$316.24 medical credit
(employees less than full-time receive pro-rated credit)

** Medical credit subject potential to increase effective 01/01/19